



MODERN DANCE CLASSES SPRING 2008 SCHEDULE

CLASSES BEGIN MARCH 10, 2008

ADULT CLASSES - 8 Weeks

<u>CLASS</u>	<u>DAY/TIME</u>	<u>INSTRUCTOR</u>	<u>TUITION</u>
MODERN JAZZ	MON., 6:00-7:30 PM	MICHAEL MILLER	\$80 SERIES/\$11 CLASS
MODERN DANCE	WED., 6:00-7:30 PM	RACHEL MILLER	\$80 SERIES/\$11 CLASS
STOTT PILATES	WED., 7:30-8:30 PM	RACHEL MILLER	\$80 SERIES/\$11 CLASS

CHILDREN'S CLASSES - 8 Weeks

<u>CLASS</u>	<u>DAY/TIME</u>	<u>INSTRUCTOR</u>	<u>TUITION</u>
3-5 YR. OLDS	TUE., 4:00-4:30 PM	FRANCESCA PILECI-BATES	\$48 SERIES/\$7 CLASS
5-8 YR. OLDS	TUE., 4:40-5:30 PM	FRANCESCA PILECI-BATES	\$80 SERIES/\$11 CLASS
9-13 YR. OLDS	TUE., 5:40-6:30 PM	FRANCESCA PILECI-BATES	\$80 SERIES/\$11 CLASS

* All classes begin the week of March 10 and run through the week of May 12. Classes are canceled the weeks of April 7 and 14 due to Spring Break and Wellspring's Spring Concert of Dance. The Student Concert of Dance is May 17 at both 3pm and 4pm.

No previous dance experience is needed

Classes require no special attire, just comfortable clothing and bare feet. Classes are held at the Wellspring Theater at the Epic Center, 359 S. Kalamazoo Mall, Suite 204, downtown Kalamazoo.

Modern Dance

Students learn creativity, build strength, increase flexibility, improve coordination, and learn the basics of body alignment and movement in a relaxed and nurturing environment.

Modern Jazz

A different take on modern dance, students combine the technique of modern dance with the dynamics of jazz dance. Class starts with a modern floor warm-up, followed by standing work including traditional modern and jazz exercises and isolations. Class concludes with a combination done to popular music.

Stott Pilates

Stott Pilates re-balances the muscles around the joints and re-patterns the body to move efficiently. Build core strength, flexibility, body awareness, and coordination in this one hour class that focuses on alignment, posture, and correct form.

Registration

Classes are ongoing, and students are welcome to join at any time. Pre-registration is encouraged, but not required. If you do not pre-register, we simply ask that you arrive five minutes before class to complete a registration form and make payment. **For more information, or to pre-register, call Wellspring at 269/342-4354.**

Tuition

Wellspring offers two payment options. Students may pay per class at the drop-in rate of \$7 for 3-5 Yr. Olds or \$11 for all other classes. Students may purchase a *Discount Class Card* that saves \$1 per class. *Discount Class Cards* cost \$48 per semester for 3-5 Yr. Olds or \$80 per semester for all other classes. *Discount Class Cards* are valid for up to six months from the date of purchase and are non-refundable.

Scholarships

Wellspring provides full and partial scholarships to low-income, minority and at-risk students. Children and adults may apply, however, the majority of scholarships are awarded to youth. Funds are limited, and not everyone who applies will receive financial assistance. Download a scholarship application at www.wellspringdance.org/classes or call Wellspring at 269/342-4354 to request one by mail. **The application deadline is March 3, 2008.**

Funding for Wellspring's Scholarship Program is provided by donations from individuals, the Arts Council of Kalamazoo, the Irving S. Gilmore Foundation, the Kalamazoo Community Foundation, and the Michigan Council for Arts and Cultural Affairs.